

March 2020

Winston S. Churchill School
Lunch

Price List Student Lunch: \$4.00 Adult Lunch: \$4.50 Extra Entree w/ Lunch Purchase:
\$2.50 2nd Slice of Pizza: \$1.75

Beverages Milk: \$0.50 Bottled Water: \$1.00 20oz. Large Gatorade: \$2.00 12oz. Small
Gatorade: \$1.25

A La Carte Bag of Chips: \$1.00 Hershey's Ice Cream: \$2.00 Fresh Baked Cookie: \$1.00

MONDAY

2

- Creamy Mac & Cheese
- Broccoli Italiano
- Soft Pretzel Stick
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

TUESDAY

3

- Bacon Cheeseburger on a Bun
- Oven Baked French Fries
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

WEDNESDAY

4

- Triple Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Steamed Rice
- Sweet Plantains
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

THURSDAY

5

- Crispy Chicken Sandwich
- Corn on the Cob
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

FRIDAY

6

- Gencarelli's Pizza
- Freshly Prepared Garden Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

9

- Popcorn Chicken Mashed Potato Bowl with Corn, Gravy & Cheese
- Mini Cornbread Loaf
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

10

- Breakfast For Lunch
- Assorted Breakfast
- Tater Tots
- Breakfast Sausage
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

11

- Grilled Ham & Cheese Melt on a Pretzel Bun
- Tomato Soup
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

12

- Twisted Cheesy Breadsticks with Marinara Sauce
- Vegetable Medley
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

13

- Hollywood Pizza
- Freshly Prepared Garden Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

16

- Creamy Mac & Cheese
- Soft Pretzel Stick
- Broccoli Italiano
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

17

- Breakfast for Lunch
- Egg, Sausage and Cheese on a Waffle
- Hash Browns
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

18

- Grilled Cheese Sandwich
- Tomato Soup
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

19

- Cheesy Pasta with Chicken
- Broccoli Italiano
- Garlic Breadstick
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

20

- Il Panino Pizzeria
- Freshly Prepared Chopped Salad
- Maschio's Lemon/Cherry Frozen Sorbet
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

23

- Plain or Spicy Chicken Tender Basket with Soft Pretzel Stick
- Tater Tots
- Baby Carrots
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

24

- Breakfast For Lunch
- Mini Maple Pancakes
- Breakfast Sausage
- Tater Tots
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

25

- Wing Wednesday!
- Plain, BBQ or Buffalo Wings
- Dinner Roll
- Veggie Dippers
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

26

- All-Natural Beef Hot Dog on a Bun
- Oven Baked French Fries
- Country Slaw
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

27

- Gencarelli's Pizza
- Freshly Prepared Garden Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

30

- Creamy Mac & Cheese
- Soft Pretzel Stick
- Broccoli Italiano
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

31

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Fiesta Rice & Beans
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

Available Daily Swap Outs: Bagel Bag w/ Yogurt & Cheese, Yogurt and Fruit Parfait, Cereal Bag w/ Yogurt, Fruit and Cheese Platter

No Charging Allowed: After 3 non payments no lunch will be served! Two (2) snack limit. Snacks CANNOT be charged!

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: fpsk6.nutrislice.com/menu/winston-s-churchill-school/lunch/

Layout, design & code & copy; Nutrislice, Inc. Private and non-commercial uses permitted.

This institution is an equal opportunity provider.