

# September 2019

Winston S. Churchill School  
Lunch

Price List Student Lunch: \$4.00 Adult Lunch: \$4.50 Extra Entree w/ Lunch Purchase:  
\$2.50 2nd Slice of Pizza: \$1.75

Beverages Milk: \$0.50 Bottled Water: \$1.00 20oz. Large Gatorade: \$2.00 12oz. Small  
Gatorade: \$1.25

A La Carte Bag of Chips: \$1.00 Hershey's Ice Cream: \$2.00 Fresh Baked Cookie: \$1.00

## MONDAY

2

## TUESDAY

3

No School

## WEDNESDAY

4

No School

## THURSDAY

5

- Creamy Mac & Cheese
- Broccoli Italiano
- Soft Pretzel Stick
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

## FRIDAY

6

- Hollywood Pizza
- Freshly Prepared Italian House Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

9

- Bacon Cheddar Cheeseburger
- Spiral Fries
- Steamed Corn
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

10

- Mini Maple Pancakes
- Breakfast Sausages
- Hash Browns
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

11

- Chicken Burrito Bowl
- Rice & Beans
- Southwestern/Fiesta Corn
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

12

- Grilled Cheese
- Chicken Noodle Soup
- Cucumber & Tomato Salad
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

13

- Gencarelli's Pizza <sup>^</sup>
- Italian House Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

16

- Creamy Mac & Cheese
- Broccoli Italiano
- Soft Pretzel Stick
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

17

- Spicy or Plain Chicken Tender Basket
- Soft Pretzel Stick
- Tater Tots
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

18

- Waffles
- Breakfast Sausages
- Hash Browns
- Strawberry Applesauce
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

19

- General Tso's Chicken with Rice
- Steamed Broccoli
- Fortune Cookie
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

20

- Hollywood Pizza <sup>^</sup>
- Freshly Prepared Spring Mix Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

23

- Chicken Tender Hero
- Country Slaw
- Jersey Fresh Pepper Dippers
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Chopped Salad

24

- Sausage, Egg, & Cheese on a Croissant Bun
- Hash Browns
- Jersey Fresh Watermelon
- Daily Swap Outs
- Personal Pan Pizza or
- Freshly Prepared Caesar Salad

25

- Plain, Buffalo or Barbecue Wings
- Jersey Fresh Cucumber Coins
- Jersey Fresh Apple
- Daily Swap Outs
- Chicken Nuggets or
- Chicken Caesar Salad Wrap

26

- Beef Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa with
- Steamed Rice
- Black Bean and Corn Salad
- Daily Swap Outs
- Mozzarella Sticks or
- Crispy Chicken Salad

27

- Gencarelli's Pizza <sup>^</sup>
- Jersey Fresh Cucumber & Tomato Salad
- Daily Swap Outs
- Chicken Nuggets or
- Freshly Prepared Garden Salad

30

No School

1

2

3

4

Available Daily Swap Outs: Bagel Bag w/ Yogurt & Cheese, Yogurt and Fruit Parfait, Cereal Bag w/ Yogurt, Fruit and Cheese Platter

No Charging Allowed: After 3 non payments no lunch will be served! Two (2) snack limit. Snacks CANNOT be charged!

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: [fpsk6.nutrislice.com/menu/winston-s-churchill-school/lunch/](http://fpsk6.nutrislice.com/menu/winston-s-churchill-school/lunch/)  
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